

Milwaukee  
Invitational  
TAEKWON-DO  
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CHAMPIONSHIPS

## Tournament Rules

### LIL' DRAGONS COMPETITION

The Lil' Dragons competition is for children between the ages of 4 and 6 years old. It provides an opportunity for students who may not be ready for competition in the usual events to participate and learn about tournaments. Lil' Dragons will perform in three events: Best Sitting Stance/Punch, Board Breaking, and Flag Sparring. Special planed boards will be provided. Children who enter the Lil' Dragons division may not compete in any other division. Students who enter the regular divisions may not compete in the Lil' Dragons. All Lil' Dragons will be place into groups of 4 and 1st-4th place will be awarded. The entry fee for all three Lil' Dragons events is \$39.

### FORMS COMPETITION

Forms will be judged based on a scale of 5-10 with half-point increments. Judging is based on: accuracy of form, breath control, focus, timing of movements, power, balance and relaxation. Competitors may perform one form from the traditional set of forms taught for their style (ITF, WTF or similar style). Forms may not contain any gymnastic or creative moves. Competitors may compete using their highest form or one form lower than their highest form. Black Belts may compete with any Black Belt form. If you have a question on whether your form will be allowed please see the tournament director.

### BOARD BREAKING COMPETITION

Two attempts per station. Scoring is based on a scale of 5-10 with half-point increments. Scores based upon: difficulty, power, speed, accuracy, relaxation, balance, and whether the break occurred on the 1st or 2nd attempt. Boards allowed per competitor are:

White & Yellow Belts = 1 board

Green & Blue Belts = 2 boards

Red & Black Belts = 4 boards

Material must be 1"x12" pine. Competitors supply their own boards. Boards should be 4", 6", 8", or 10". All boards subject to review by officials. Unsuitable boards will be disallowed. Spacers are not allowed. Officials may prohibit a break that seems unsafe. A limited number of boards will be available for sale at the tournament.

### FREE SPARRING COMPETITION

#### AUTHORIZED AREAS

Head Area: all areas above the neck covered by the protective headgear – light contact foot attacks only. Body Area: the front area of the body covered by the chest protector below the neck. Hand or foot attacks. All hand techniques must be closed fore fists.

#### SCORING

Points shall be awarded only if attacks are executed with proper posture, balance and technique. No points will be awarded if a competitor falls down after executing an attack. However, points may be awarded if an attacker falls after being pushed by the opponent. A majority of judges must agree that a point has been scored for points to be awarded.

### EXCESSIVE CONTACT

In case of excessive contact, as determined by the referee and judges, the following shall occur:

1st infraction shall result in one point deduction.

2nd infraction shall result in two point deduction.

3rd infraction shall result in a disqualification of the competitor committing the infraction.

### LENGTH OF MATCH

Each match will be 2 minutes. Each time a point is called, the match will be stopped and the point determined. The clock does not stop while points are determined. High score wins. In case of a tie, a 1 minute overtime period will determine the winner. If the score does not change in that time period, the referee and judges shall determine the winner based on the following criteria: technique, sportsmanship, and match management.

### MANDATORY EQUIPMENT

Head gear, mouth guard, foot protectors, fist protectors, chest protectors and protective cup for males. Shin and forearm guards are optional. Face cage or shield on head gear is optional. No one will be allowed to compete without the proper gear. Chest protectors will be available at ringside for those competitors who do not own their own.

### IMMEDIATE DISQUALIFICATION

A competitor shall be immediately disqualified for any of the following violations:

-Unsportsmanlike conduct: includes, but is not limited to, uncontrolled techniques, vulgar language, throwing of headgear, disregarding the referee's instructions, arguing with tournament officials, taunting an opponents, etc. This includes teammates, family, friends, and coaches of the competitor.

-Injuring the opponent's face or neck by malicious hand attack (as determined by the referee and judges).

-Injuring the opponent by malicious foot attack (as determined by the referee and judges).

-Injuring the opponent and/or rendering him/her unable to continue through use of illegal technique(s).

-Intentionally attacking unauthorized area(s).

### ILLEGAL TECHNIQUES/WARNINGS

Warnings include but are not limited to:

Holding an opponent / Continued attacks in a clinching form / Attacks to unauthorized areas of the body / Attacks from the floor / Sweeps and takedowns / Running out of the ring / Fighting after "break" is called.

Absolutely no hand techniques to the neck or head are allowed. No open hand attacks are allowed.

Accumulation of any 4 warnings will result in disqualification. The tournament director shall have final decision in case of controversy or disagreement. By participating in the tournament, each competitor agrees to abide by the tournament director's decisions.